

Maryland Primary Care Program: Behavioral Health Integration

Building the Team

Program Management Office

What do we mean by Behavioral Health?

- *Mental health and substance use disorders*
- Focus on most common and most harmful diagnoses in the primary care setting:
 - Mental health – in particular depression and anxiety
 - Substance use disorders – in particular alcohol and opioids

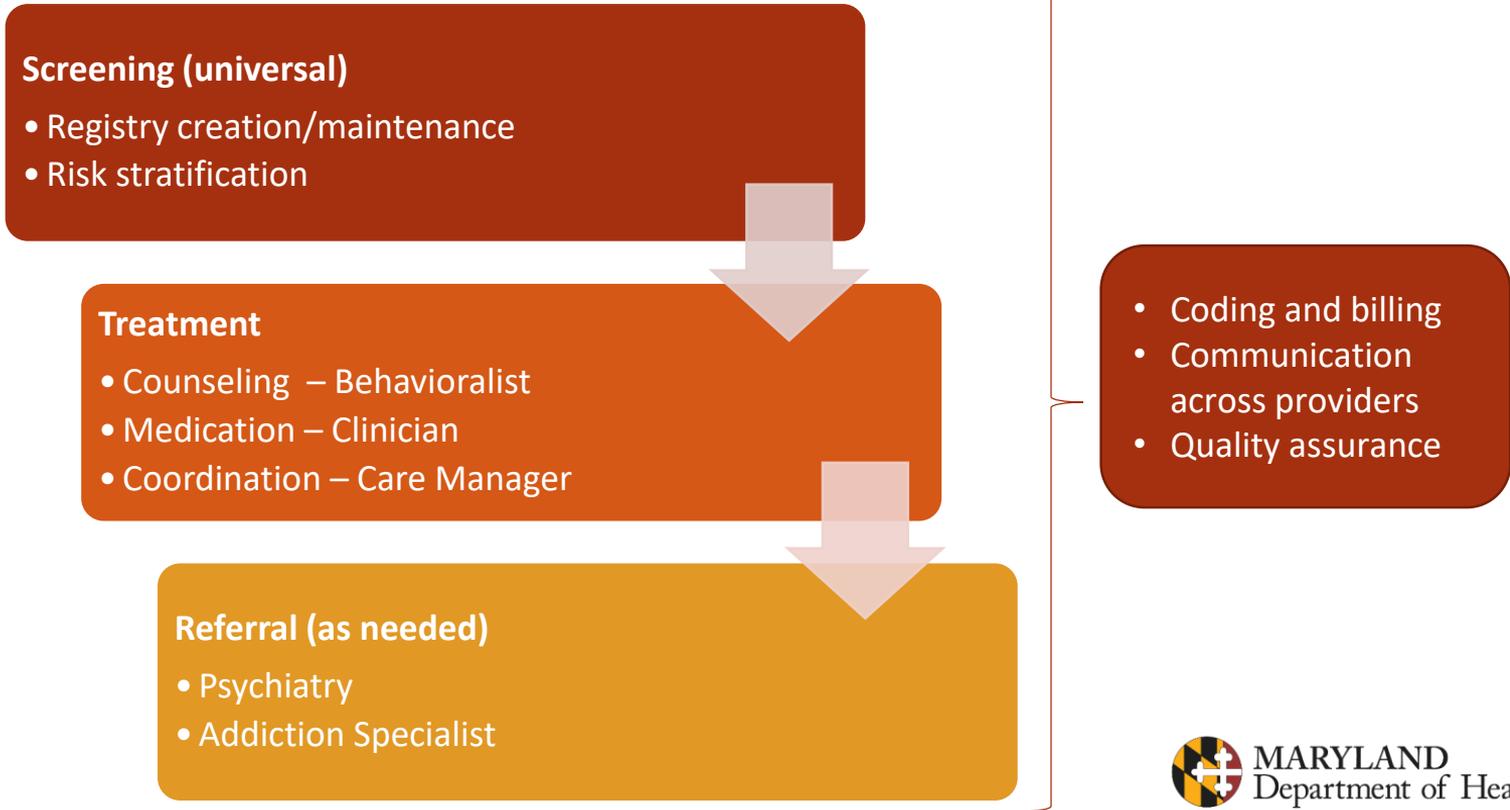
Why Behavioral Health Integration?

- Often overlooked
- Frequently worsens co-morbid conditions
- Few existing programs in primary care
- Opioid Crisis- 4th leading cause of death in Maryland
- Frequent cause of avoidable ED and Hospital admission
- Emergency room visits in Maryland fell 8 percent from 2013 to 2016, but the number of patients with behavioral health problems jumped 18.5 percent. Such cases now make up roughly **a quarter of all** emergency visits in Maryland.
- Key feature in MDPCP and required to move to track 2

Overview of Series

1. Overview
- 2. Build your team**
3. Choose what's best for your practice
4. Establishing workflows for treatment and referral
5. Recruiting Resources
6. Registry and Data
7. Collaborative Care Model
8. SBIRT and MAT
9. Coding and Billing

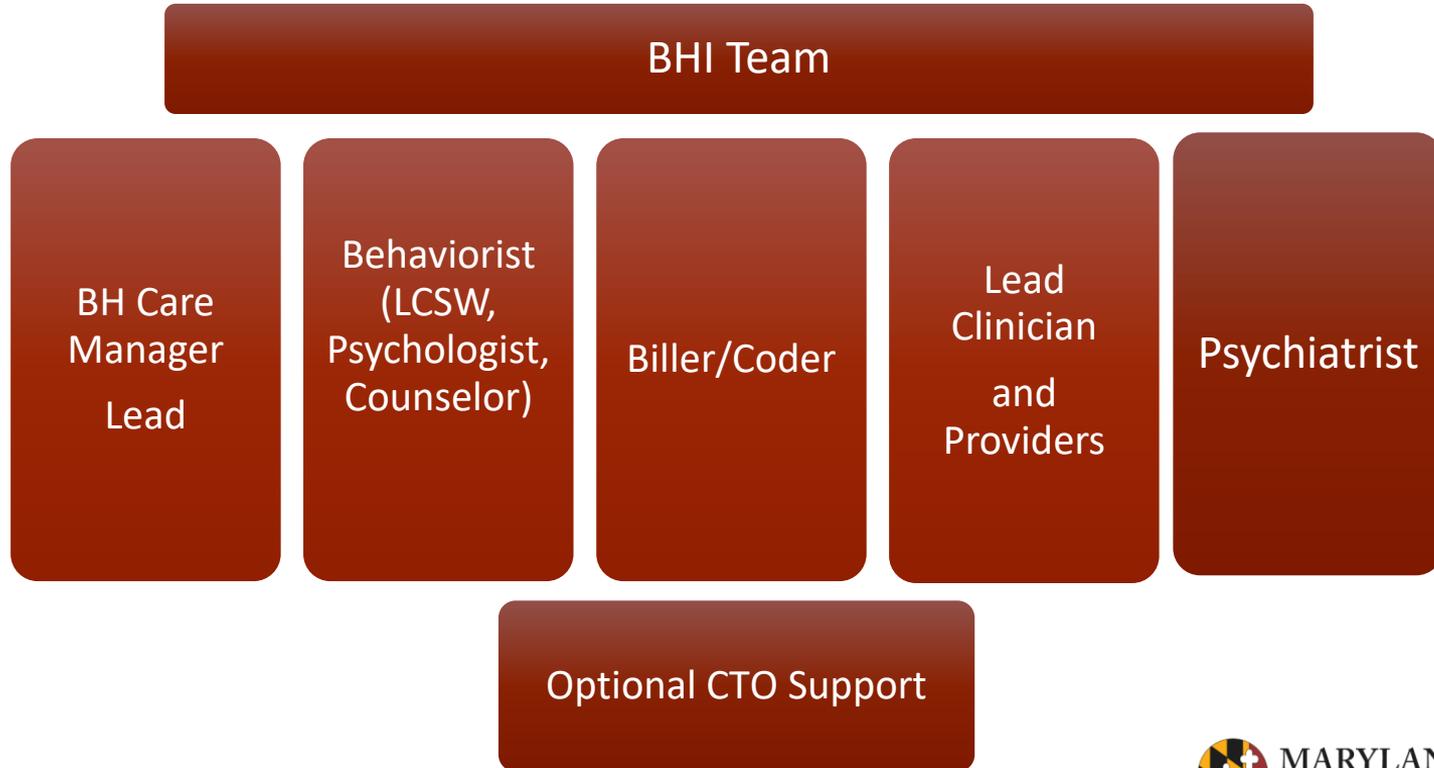
BHI Levels of Care



BHI Overview



Build the Team



BH Care Manager

- Leads the team
- Sets the agenda
- Finds time and location for meetings
- Coordinates with Lead Clinician
- Coordinates with Behavioral Health Specialist
- Maintains the registry
- Can use existing Care Managers - does not require dedicated BH qualifications

Behavioral Health Specialist

- LCSW-C, NP, Psychologist, Licensed/Certified counselor, Psychiatrist
- Office located or external site
- Employed or contracted
- Roles
 - Counseling
 - Coordination and continuity of care
 - Referral to higher level of care as needed
- Various compensation methods-
 - Direct billing
 - % Collections
 - Volume
 - Hourly
 - Lump Sum

Lead Clinician

- MD, DO, NP
 - Diagnosis
 - Treatment: prescribes medications and provides counseling for mental health and substance use disorders
 - Delegates and coordinates activities of clinical staff
 - Assures awareness and engagement in process
 - Educates providers
 - Monitors compliance

Psychiatrist

- For complex, severe, or other challenging BH issues
- Various arrangements for contracting and compensation
- Formal and informal association with practice
- Clear, specified, consistent and timely exchange of clinical information with the practice (BH CM, Providers)

Addiction Medicine Specialists

- For complex, severe, or other challenging addiction issues
- For opioid agonist treatment (methadone, buprenorphine if not waived)
- Various arrangements for referral and contracting
- Formal and informal association with practice
- Clear, specified, consistent and timely exchange of clinical information with the practice (BH CM, Providers)

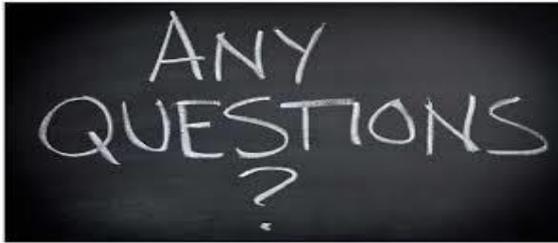
Billers-Coder

- Current employed staff
- Practice Management Company
- Revenue Cycle Management Company
- Parent organization
- Roles
 - Assure providers and staff have correct codes for billing
 - Periodic audits for compliance, errors, denials
 - Assure claims include BH coding suite

Data Specialist

- Designated onsite
- Support from EMR company
- Support from State contractors
- Support from Coaches
- Support from parent organization
- Primary Roles
 - Incorporate workflow into EMR
 - Assure data flows from BH Specialist to lead BH CM and providers
 - Establishes registry

Thank you!



Updates and More Information:

<https://health.maryland.gov/MDPCP>

Questions: email mdh.pcmode@Maryland.gov

Select References

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